

Physical Activity and Nutrition

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| R | P | F | D | N | N | I | E | N | O | B | I | M | E |
| R | I | P | P | I | B | D | O | T | K | E | C | R | X |
| A | D | I | A | O | O | I | V | T | R | R | I | E | I |
| F | S | R | T | N | T | I | I | V | O | H | F | H | B |
| N | P | I | O | I | T | L | O | A | W | U | I | T | I |
| S | R | E | R | A | N | S | R | F | P | N | C | O | L |
| S | I | T | M | I | T | S | Y | I | I | G | E | P | I |
| T | U | I | T | E | L | L | P | N | T | E | P | Y | T |
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| L | C | A | R | B | O | H | Y | D | R | A | T | E | S |

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 SPRAIN
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